



GAMA

GREATER ALBUQUERQUE MEDICAL ASSOCIATION

FOUNDED 1893

GAMA Reports

VOLUME MMXVII NO 10, OCTOBER 2017

Message from the Executive Director

Check out the latest edition of GAMA Reports below for big announcements from our membership and partners. We have lots of exciting things going on as we head into the last quarter of 2017 and gear up for 2018.

GAMA will be holding elections for our 2018 Board of Trustees in the upcoming months. Look for your ballot in the mail or inbox and VOTE! Your vote matters! GAMA leadership represents you the member and your interests. The election culminates in the installation of our officers and trustees at the annual meeting Tuesday, January 9, 2018 at the Marriott Pyramid. Dr. Barbara McAneny will be our featured speaker, and you won't want to miss hearing what she has to say from her view at the national level.

We have scheduled our annual GAMA Legislative Day for Thursday, February 1, 2018 in Santa Fe. This is your opportunity to be a "voice" for your industry with your legislators and hear from their perspective as well. Legislative Day is critical because as their constituents your opinions matter. Look for emails and reminders in the monthly newsletter for details as we roll out our plans.

Dues invoices for 2018 are in the mail. Don't forget that if you want to be included in the 2018 GAMA pictorial directory we will need your picture on file as well as your dues paid in full before January 31, 2018. Don't miss out on being part of the most important resource guide in the Greater Albuquerque medical community.



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Financial Literacy



by Clarissa Krinsky

Financial literacy is a popular topic these days, as it has become more and more apparent that financial stress has a significant impact on one's overall health. Studies have found that financial issues can lead to an increase in stress among employees, leading to lower productivity. This has led to a movement in the Human Resources community to include financial literacy training as a part of overall wellness.

However, is that translating to physicians? It has certainly been my experience, both during my medical training and now, that many doctors finish their medical training without sufficient education and confidence in financial decision-making. The literature has documented this as well. This is exacerbated by the fact that most doctors complete training with significant debt and that they are targeted very aggressively by insurance and other financial service salespeople. Thus, physicians have a heavy financial burden and are not always equipped to make financial decisions in their best interest. In New Mexico, I believe this is impacted as well by an attempt to bring more students from disadvantaged socioeconomic backgrounds into medicine. These students likely have less formal financial education. And, as a state our financial literacy levels are relatively low.

So, what is medicine doing to remedy the situation? Of course, the financial community, and many in medicine, believe that financial literacy should be taught in medical school and residency. However, how do we fit that into a curriculum where rapidly evolving fields are also in need of more time and coverage? Resident time may be even more valuable in the face of duty hours and shortened clinical schedules. And a quality program should have appropriate faculty, goals and objectives, outcomes, and assessments. That's not easy to create.

Luckily, there are many resources available for physicians. One just needs to dedicate the time to learn. For example, the AAMC has created the FIRST program for Finances, Information, Resources, Services, and Tools. The AMA also has online educational tools. Next, you should find trusted advisors used by other physicians. Research your insurance and investment professionals carefully, check references, and interview more than one candidate. Don't be afraid ask them questions and learn each time you meet with them. And, of course, read. I know it is in short supply, but this takes time. You can only select the right professionals if you have knowledge about your personal goals. Taking the time to learn will pay off in the future with your ability to select products wisely, find appropriate and lower fees, and ask the right questions.

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Join us for an evening of refreshments, dining and networking with colleagues and friends. The introduction of our new GAMA officers and trustees will be conducted with an important message from your new GAMA President, Mihaela Bujoi, M.D. Our keynote speaker is Barbara McAneny, M.D., AMA President-Elect.

Reservations are now open on Eventbrite. If you make a reservation and cannot attend you will be charged a \$35 fee to cover food and beverage costs if you do not cancel.

Copy the link below and paste in your browser to register.

<https://www.eventbrite.com/e/gama-2018-annual-meeting-tickets-38542237871>

2018 GAMA Annual Meeting

Tuesday, January 9, 2018

6:00—9:00 p.m.

Cancun Ballroom

Albuquerque Marriott
Pyramid North
5151 San Francisco Road NE





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2017 VTE Symposium

Date and Time: Saturday, November 4, 2017 8:00 AM to 5:30 PM

Location: Rev. Hugh Cooper Administrative Center,
9521 San Mateo Blvd. NE, Albuquerque, NM 87113
James H. Hinton Auditorium



Presbyterian Healthcare Services is presenting a full-day VTE Symposium. Nationally recognized speakers will present on a variety of cutting-edge inpatient and outpatient anticoagulation topics!

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- Determine which patients are appropriate for hypercoagulable or heparin induced platelet antibody testing.
- Utilize an evidence-based care design to diagnose, treat, and refer VTE patients for long-term treatment.
- Assess which patients are best candidates for warfarin and non-warfarin anticoagulants.

Accreditation: Presbyterian Healthcare Services is accredited by the New Mexico Medical Society (NMMS) to provide continuing medical education for physicians.

AMA Credit: Presbyterian Healthcare Services designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more information and to register please visit <https://phs.swoogo.com/VTE2017>

Course Contact: Linda Kelly, PharmD, PhC,
CACP
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